

The CAB Dispatch

The Community Activities Board Newsletter

9/14-9/15/2019

What's happening this weekend

Saturday, September 14

7:00 pm – **HMart Trip** – Stock up on some delicious food and grab a late dinner as well. HMart is an amazing Asian grocery store with a fantastic food court. Come check it out!

7:15 pm – Busette to **Chipotle/bGood/Thyme/Subway** – Feel a need for some restaurant food? We're heading over to North Andover to get food so sign up to save a spot.

7:15 pm – Busette to **Target**

7:15 pm – **Open Gym and Weight Room**

7:15 pm – **Wings and Football Things** – Head down to the Student Center to watch some college football, play foosball and Wii, and eat wings!

8:00-10:00pm – **Open Art Studio** – stop by the painting studio in the Arts Center to work with some watercolors, create something for your room, and enjoy snacks!

8:00 pm – **WIFFLE BALL TOURNAMENT** – Sign up (or just show up and join a team) to play in our five-on-five wiffleball tournament hosted by Spleen & Timmy. We will have two games going at all times and the winning team gets a busette to Chipotle. Spots are limited so sign up!

9:00 pm – **MOVIE IN ROOM X** – There will be movie candy and drinks so be sure to head over to Room X to get a seat. We will send out a survey so you can pick the movie.

9:00 pm – **IHOP Trip** – take a trip to the International House of Pancakes for a delicious late night snack before check-in at 11/11:30pm.

Sunday, September 15

11:00 am – **Perfecto's Run**

11:45 am – Trip to **Target** in Methuen

11:00-2:30pm – **Hampton Beach Trip** – Walk on the boardwalk or play in the waves - it's going to be a nice day so join us on a trip up to the beach!

1:00-3:30pm – **Rockingham Park Mall Trip** – jump on the busette to head up to tax-free Salem, New Hampshire for a few hours. They've got great stores (like Apple) and some restaurants as well.



Athletics

Saturday Home Games

- 2:00pm – Girls Varsity Field Hockey vs. Worcester Academy
- 2:00pm – Girls Varsity Soccer vs. Pingree
- 3:30pm – Boys Varsity Soccer vs. New Hampton
- Cross Country vs. Groton & St. Paul's
 - 2:30pm – Girls JV
 - 3:00pm – Boys JV
 - 3:30pm – Girls Varsity
 - 4:00pm – Boys Varsity

Fitness Center Hours

- Saturday – 7:15pm – 8:30pm
- Sunday – 11:30-1:30pm

